THE SPIRIT OF LOVE

The flaccid Old Man
Said: Let me make love to you
I know why trees grow.

The wingless Old Bird Said: Come soar blissfully high Feel Zephyrs' power.

The tailless Old Fish
Said: Come dive for hidden things
Deep water is Home.

A Fire without heat Said: Enjoy my light with me Glow without burning.

A sheltering tree Smiled as the wind shivered it: "There's light in the East."

RAKING PEBBLES IN THE RUBBLE OF MY SOUL

Enduring sadness Is a soul's malignancy Raven's beak bites deep.

What is depression? Stuck on a river's edge Moving back, standing still.

Or immunity
To seagulls and the sense of
Wet salt on your tongue.

Cardboard in your mouth And plastic apples shining, Savorless and flat.

Or stuck in a well Without water, light, or hope Just getting through days.

Salvation only
Exists Here, Never there; only
Today brings freedom.

You must realize Rainbows see us, when we see Their arching beauty.

And Mountains in the Distance reach for us when we Truly see their peaks.

Like homing pigeons Spun in their cages, we can Miss our True North's pull.

Still, in time we find
Our way back: the pull of home
Is built in our wings.

This compass may be God: He's light shining in Stone's hostility.

Satan's an angel Whose wings only fly down, to Loveless absence.

We see him when we Mismanage our gaps between Light and convenience.

> Cruelty exists and We cannot fully avoid Hunger's eager bite.

We can only eat, drink And take joy in our work as God's Bible teaches.

I say I am strong For weakness has not broken Me: I still strive yet.

In love's sweet solace We can once more cry tears of Rebellion, not failure.

Our universe, like
A puppy, is eager to do
What we ask of it.

Lacking sentience, It cannot understand us When we can't see Peaks.

It reflects joy back
And gives us what we want when
We smile at others.

The hurt of digging A well, and of climbing out Can be relinquished. And a deep kiss of Connection, and abundance, Can yet fulfill us.

Walk with me: See me As I strive to see you and Let us love again.

THE SPIRIT OF HOPE

Is hope an anchor Pulling us down to a place Without needed air?

A now-seen spacing
Between what is and isn't?
Violence to mirth?

Or is it challenge?
The sparkle of a friends taunt
To race to the tree?

Our Dreams come to us.
They fill us like sand and water
Until we stand seaside.

Unbidden they shape Who we are at 3 A.M. In night's dark embrace.

Unrelenting winds
Blow until their shape slowly
Changes into New.

To stand rebelling Fearless in a grim winter Is a dream itself.

Our future, like water Is infinite, and movement Alone carries hope.

God smiles on seatides
Blessed by caprice, currents move
And flow without cease.

We possess oceans And to be fully still, now, Is a heart's black crime.

Possess seashells, fish And sunlight, glinting on waves And you will be free.